



## Mental Illness is an Illness Like Any Other

Treatment is available ■ Recovery is possible

We can help!

NAMI Chelan Douglas (National Alliance on Mental Illness)  
509-663-8282 (Leave a Message)  
[www.namicd.org](http://www.namicd.org)

★ Support ★ Advocacy ★ Education ★ Research



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## Help for you or a loved one with

- ★ Depression
- ★ Bipolar Disorder
- ★ Schizophrenia
- ★ OCD or Obsessive Compulsive Disorder
- ★ Anxiety Disorders
- ★ Panic Attacks

## NAMI Chelan Douglas provides

### FREE Education

#### FREE Support Meetings

FIRST Monday monthly, 5-6:30 pm at the Praise Center, 435 S. Mission, Wenatchee.

THIRD Tuesday monthly, 7 pm at RiverWest Assisted Living, 900 N. Western Ave., Wenatchee, (back building).

**Get the latest information!**  
**Visit [www.namicrog](http://www.namicrog)**

Local Crisis Line: 509-662-7105  
NAMI (Message Line): 509-663-8282

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